



THE WATCHUNG HILLS REGIONAL  
**Municipal Alliance**

SERVING: —  
 Warren Township  
 Watchung Borough  
 Long Hill Township  
 Green Brook

108 Stirling Road  
 Warren, N.J. 07059



**Dear Sponsor,**

In the last few decades the misuse and abuse of ATOD's like opioids has sky rocketed. We need to do more! We believe that you can help us make a difference in our children's, teens and young adult's lives. Become a Watchung Hills Regional Municipal Alliance Champion (WHRMA) and support our mission to **reduce and prevent the abuse and misuse of Alcohol, Tobacco and Other Drugs (ATOD) including opioids** in our communities of: Warren, Watchung, Green Brook, and Long Hill Townships!

Tobacco use by teens has also increase and on 11-1-17 the NJ legislature set a new minimum age for the purchase of tobacco and e-cigarettes to those 21 years of age and older.

The WHRMA is a community partnership of volunteers which serve the Warren, Watchung, Green Brook, and Long Hill Townships and is part of the NJ Governor's Council on Alcoholism and Drug Abuse. The WHRMA identifies community needs and funds community intervention programs in the elementary, middle and high schools; for adults and senior citizens; and provides support to our local police & school PTO/PTA's.

National research has shown that community coalitions, like the **Watchung Hills Regional Municipal Alliance** drug and tobacco misuse & abuse prevention programs when presented on a local-level, are effective approaches to curbing and preventing substance abuse, under-age drinking and tobacco use, juvenile delinquency, teen pregnancy, and more.

Help us stop the misuse and abuse of:

• prescription drugs & opioids	• underage alcohol drinking
• illicit drugs like heroin & cocaine	• underage tobacco & e-cigarette use

**Please consider being a WHRMA RACE CHAMPION and supporting the**  
**“The 2018 Great Pumpkin Certified 5K Run & Fun Walk”**  
**On Saturday, November 3<sup>rd</sup> 2018**  
**at Watchung Lake's Mobus Field.**

*Sponsor's logo/name will appear on:  
 The Race day t-shirt and on the WHRMA website*

Level	Contributions	Champion's Name/Logo
FOUNDER	\$500.00	Large size corporate/company logo
PATRON	\$250.00	Medium size logo or name
SPONSOR	\$100.00	Corporate or personal name & minimum donation for race day table.
FRIEND	\$ 50.00	Any and all contributions are welcomed

To assure inclusion sponsor name and/or loo please send your contribution by Friday, October 12, 2018

Check made payable to: WHRMA,

Address to: WHRMA 108 Stirling Rd. Warren, NJ, 07059

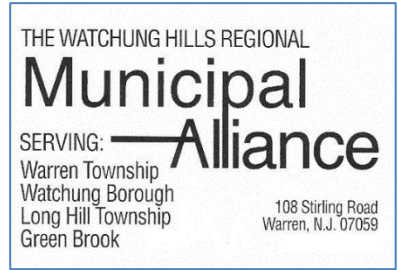
5-K Runners/ Walkers may register at: [www.runsignup.com](http://www.runsignup.com)

Questions call: Carolyn Seracka [cseracka@gmail.com](mailto:cseracka@gmail.com) 908-451-2220





# The 2018 Great Pumpkin Certified 5-K Run & Fun Walk



## WHRMA Champion Contribution Form

Last year's race was the best ever, due to your support.

2018 should be even better!

Please be a sponsor that supports the youth of Somerset County.

Contributions are tax deductible

<input checked="" type="checkbox"/>	Level	Contributions	Our Thanks
	FOUNDER	\$500.00	Large size corporate logo
	PATRON	\$250.00	Medium size corporate
	SPONSOR	\$100.00	Corporate or personal name
	FRIEND	\$ 50.00 or desired amount	Any and all contributions are welcomed

Please place a check mark next to your contribution level

Organization Name	
Street address	
Town & Zip code	
Phone #	
Contact Person	
e-mail address	

Mail your contribution before Friday, October 12, 2018 to make sure your companies name is on the t-shirt

Check payable to: WHRMA,

Mail to: WHRMA 108 Stirling Rd. Warren, NJ, 07059

Runners & Walkers may register on line at

[www.runsignup.com](http://www.runsignup.com)

Questions?

Jack Walsh at [jackwalsh1961@gmail.com](mailto:jackwalsh1961@gmail.com) 908-561-8883 or

Or Carolyn Seracka [cseracka@gmail.com](mailto:cseracka@gmail.com) 908-451-2220

